

THE BEAT AND THE RHYTHM

In music the *beat* is the pulse which underlies the music that is heard. In most music it is important to keep the beat very steady.

Rhythm may move either *with* the beat, *faster* than the beat or *slower* than the beat.

♪	say "ta"
♪	say "ta-a"



Play the beat and speak these rhythms:

1. $\frac{4}{4}$ ♪ ♪ ♪ ♪ | ♪ - a ♪ - a | ♪ ♪ ♪ ♪ | ♪ ♪ ||

ta ta ta ta ta - a ta - a ta

2. $\frac{4}{4}$ ♪ ♪ ♪ | ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ||

The speed with which the beat moves is called the *tempo*. Do these next exercises first at a slow tempo and then at a faster tempo.

Play the beat and speak these rhythms:

3. $\frac{4}{4}$ ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ ||

4. $\frac{4}{4}$ ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ | ♪ ♪ ♪ ♪ ||